



Tuesdays 6-7:30 pm  
EET Eastern European Time  
January – June 2019; 8.1.-11.6.2019  
22 sessions á 1,5 hours

Group size 6-8 people + conductor  
Prize 48 € / session; (Kela support by application for those qualified 42,05 €)

Group conductor Leila Valtonen  
Psychotherapist (valvira authorized, kela insurance companion)  
Training Group Analyst  
Organization Consultant  
ETNT trainer, MTh

Send an application or ask more  
leila.valtonen@elamanvirta.fi or +358 40 5374 168

Members are expected to commit to all 22 sessions.  
The language of the group is English.